

ONE BALL COWL NO 1

KNITTED WITH PASCUALI MAXIMO



KNITTING CONSTRUCTION

ONE BALL COWL No. 1 is a quick and easy knit. It is worked in rounds with just one ball of our chunky Maximo yarn. With its squishy ribbing pattern, it is the perfect accessory to keep your neck warm!

YARN AND NOTIONS

- [Pascuali Maximo \(100 % organic merino extrafine\)](#)

Yardage 100 g ~ 80 m | 3.50 oz ~ 87 yds:

- 1 x 100 g ball in a colour of your choice
- Colour of the pictured sample: #428 Gray blue
- US 13 (Ø 9 mm) circular needle, 24" (60 cm)
- or needle size required to obtain gauge
- Stitch marker
- Tapestry needle and scissors

We are also on **Facebook** [@pascuali.deutschland](#) and **Instagram** at [@pascuali_filati_naturali](#)!

We would be happy if you posted your knitting progress and tagged your pictures with the hashtags [#pascualimaximo](#) and [#oneballcowlno1](#). We look forward to seeing your knitting results!

GAUGE

Before you get started, you should make a swatch of about 5" (12 cm) square. Cast on a couple of stitches more than indicated in the gauge. After blocking, your gauge should match the following:

Knitted in 2x2 ribbing pattern with US 13 (9 mm) needle:
12 sts x 15 rows = 4" (10 cm) square

Tip: If you have counted more stitches, use a larger needle size. If you have counted fewer stitches, use a smaller needle size. Repeat swatch until you match the indicated gauge.

Note: In rounds you may tend to knit tighter than in rows! Check and measure time and again to make sure that the gauge is still correct.

SIZE

One size only, unisex
Circumference: 18" (46 cm)
Length: 10.2" (26cm)

ABBREVIATIONS

p = purl	rpt = repeat
sts = stitches	k2tog= knit 2 stitches together
Rnd = round	p2tog = purl 2 stitches together
k = knit	

TECHNIQUES

2x2 ribbing pattern

Knit 2 stitches, purl 2 stitches alternately.

Norwegian Cast-On

Put a slip knot on the needle in your right hand. Place in your left hand the strand of yarn coming from the ball around the index finger and the yarn tail around the thumb as with the usual long-tail cast-on.

Pass the needle under the two strands of yarn on the thumb, from above into the thumb loop, then pick up the strand of yarn of the index finger and pass it through the thumb loop. Pull the thumb out of the loop and tighten the stitch.

Video Tutorial:

<https://www.youtube.com/watch?v=w5QJdjVbGHE>

Magic Loop Method

<https://www.youtube.com/watch?v=vo3UjOK94I>

KNITTING INSTRUCTIONS

Part 1: Cast-on

Your cast-on should be elastic so that the lower edge of the hat can be turned up later without being too tight.

Cast on 57 sts with the elastic Norwegian cast-on and join to work in Rounds. (see the side note: Join to work in rounds). Be careful not to twist stitches ! Place marker to indicate the beginning of round.

Part 2: Cowl

Continue to work in 2x2 ribbing pattern until a height of 8.7" (25 cm) (approximately 39 rounds) is reached.

Part 3: Bind off

Bind off all stitches in pattern:

Slip 1 stitch knitwise, work the following stitch in pattern. Pass the slipped stitch over.

Part 4: Finishing

Break yarn, weave in ends and wet block the cowl to measurements.

Note: We highly recommend wet blocking your finished garment. Most fibres will plump up and relax, the stitches will even out and cohere into a beautifully even, soft and sturdy fabric.

The cowl is now ready!

Side note: Join to work in rounds

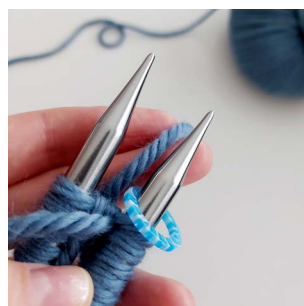


1. Distribute your stitches on 2 needles.

Slip the first stitch on your left needle tip to the right needle tip.



2. Pass the second stitch on the right needle tip over the first stitch and let it slip off the needle.



3. Pull the working thread and the tail of the cast-on taut. This tightens the decreased stitch to create a round gapless join. Place marker for beginning of round.

Support

Please contact us by email at pattern@pascuali.de

Our Knitwear Care Recommendation

We recommend washing the garment carefully by hand in lukewarm water. Soak the knitted garment without shaking and then rinse it. Wrap the garment in a towel and gently squeeze out the water. Do NOT wring! Unwrap and lay it flat to size on a new towel to air dry.

Visit our website and learn more about this:

<https://www.pascuali.de/en/blog/knit-blog/to-know/wool-care>